

MOVE!

Health Risks From Obesity



Heart Disease - CAD / CVD, CHF, MI,

High cholesterol or other blood lipids

Cancer - colon, breast, endometrial, increased overall risk

Diabetes - type II, non-insulin dependent

High Blood Pressure ➡ kidney disease, stroke

Arthritis and joint related diseases

Sleep apnea and other pulmonary problems

Gallstones



(BMI greater than 40)